



Resources for Youth/Teens

Alateen: Alateen is part of Al-Anon Family Groups. Alateen is a fellowship of young Al-Anon members, usually teenagers, whose lives have been affected by someone else's drinking. For more info contact Jennifer J. at 435-862-5643 or Sherry at 435-669-6027

Department of Workforce Services – WIOA Youth Program: Workforce Services can help youth get education, training and jobs. Visit the training services page at jobs.utah.gov for more information. Phone: 435-674-JOBS (5627)

Southwest Behavioral Health Center (SBHC): Comprehensive behavioral health services for adults and children. SBHC serves those with mental illness and/or addiction who have Medicaid and those with serious mental illness and/or addiction who do not have funding or resources for behavioral health treatment. Phone: (435) 634-5600 Toll-Free (800) 574-6763. Address: 474 W 200 N, St. George, UT 84770

SBHC - Mobile Crisis Outreach Team (MCOT) - provides a variety of support services to parents and youth to help stabilize the home environment. Some services include: 24/7 mobile crisis response, psychoeducation, family behavior contracts, safety plans, home visits, respite care, and wrap around services. Contact 435-414-4362 for more information.

Washington County Youth Crisis Center: For youth ages 10-18. Services vary, including safety plans and crisis interventions for ungovernable youth; family counseling; voluntary detention; emergency stays for youth; and more. Phone #: 656-6100 Address: 251 E. 200 N. St. George UT 84770.

T.E.A.M. R.A.W. - Youth Outreach Program: a youth outreach mentoring program that helps youth and families who need crisis mediation, follow up support at school and home, prevention and education activities, and additional resources. Phone: (435) 656-6100

Utah's Transition to Adult Living Web Site: This site contains information and links regarding: Education, Employment, Housing, Finances, Health, Food and Nutrition, Mental Health, Substance Abuse, Pregnancy and Parenting, Transportation, Social, Legal, Foster Parents, Foster Youth and Alums, Youth with Disabilities. www.justforyouth.utha.gov; <https://www.facebook.com/Just4UtahYouth/>

Job Corps: a free education and training program (for eligible people ages 16-24) that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job. Phone: (800) 733-JOBS or (800) 733-5627; www.jobcorps.gov/home.aspx

Big Brothers Big Sisters: One on one youth mentoring for children ages 6-17 yrs. Phone #: 435-986-9776, Address: 285 Tabernacle St, St George, UT 84770

DHS System of Care: provides comprehensive in home/wrap around services to youth/families who meet their eligibility criteria. Phone: 1-844-651-7840 <http://hs.utah.gov/referral/SWSOC@utah.gov>

WCSD Student Support Services Coordinator: Families and K-12 students facing homelessness, poverty or other socioeconomic challenges in the at-risk category, can seek assistance and resources through the help of Mike Carr, the homeless liaison and student support services coordinator for the Washington County School District. Phone: 435-986-5167. Email: mike.carr@washk12.org

Hope Pregnancy Center: Helps women and men in Southern Utah who are facing crisis or unplanned pregnancies. Offers services like free pregnancy tests and mentoring that provides you accurate information about your options. Phone #: 435-652-8343. Hotline: 800-395-HELP

Planned Parenthood: provides sexual and reproductive health care services, education, information, and outreach. Phone #: 435-674-9933. Address: 595 S. Bluff Street, St. George UT 84770

My Plan App: The My Plan App helps women and their friends to determine if a relationship is unsafe and create an action plan to leave safely. Download at: www.joinonelove.org/my_plan_app

Hotlines:

DOVE Center 24/7 Helpline: Phone – 435-628-0458

Utah Domestic Violence Hotline: Phone 1-800-897-LINK

National Domestic Violence Hotline: 1-800-799-SAFE

Utah Rape and Sexual Violence Crisis Line: 1-800-421-1100

24/7 National Teen Dating Abuse Helpline: Phone: 1-866-331-9474; 1-866-331-8453 TTY; Text: "loveis" to 22522; Web: www.loveisrespect.org/

Trevor Project: 24/7 Support for LGBT Youth. Phone: 1-866-488-7386; Web: www.thetrevorproject.org/

GLBT National Youth Talkline: Phone: 1-800-246-PRIDE; Web: www.glbthotline.org/

National Runaway Safeline: Phone: 1-800-RUNAWAY; Text: 66008; web: 1800RUNAWAY.org

National Suicide Prevention Lifeline: Phone: 1-800-273-TALK; Web: www.suicidepreventionlifeline.org/

To Report Abuse:

Child Protective Services: Please help us STOP child abuse and neglect. If you suspect abuse or neglect is occurring, call the Child Abuse/Neglect Hotline at 1-855-323-3237. Call 911 first if a child is in immediate danger.

Utah Child Abuse Reporting Laws: By law any person who has reason to believe that a child (anyone under the age of 18) has been subjected to abuse or neglect, or who observes a child being subject to conditions or circumstances which would reasonably result in abuse or neglect is required to report it to the local Utah Division of Child and Family Services or the nearest peace officer or law enforcement agency.

Please see <http://www.dcfh.utah.gov/locations.htm> for the appropriate local Division office and 24-hour phone number. For our area, the child abuse reporting line is: **1-855-323-3237.**